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Exam 3: NUR256/ NUR 256 (New 2023/ 2024 Update) Concepts of Mental Health Nursing Exam Review| Complete Guide with Questions and Verified Answers| 100% Correct- Galen

QUESTION
dissociative identity disorder will switch

Answer:
in times of high stress

QUESTION
ultimate goal with dissociative identity disorder

Answer:
integrate fragmented personalities into the one personality

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QUESTION
dissociative identity disorder implementation

Answer:
safety
therapeutic
coping/stress management
grounding techniques
daily journal

QUESTION
dissociative identity disorder advanced practice

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Answer:
CBT
EMDR
somatic therapy

QUESTION
_dissociative identity disorder effective when

Answer:
integration of personalities

QUESTION
_somatic symptom disorder

Answer:
responds to trauma by expressing their anxiety through the body
no physical findings and medical dx

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QUESTION
_somatic symptom disorder symptoms

Answer:
distressing symptoms
maladaptive response
high level of functional impairment

QUESTION
_with somatic symptom disorder want to

Answer:
find more adaptive ways to cope w/ stress/anxiety

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QUESTION
_illness anxiety disorder also called

Answer:
hypochondriasis

QUESTION
_illness anxiety disorder

Answer:
misinterpretation of physical sensations
worries excessively about illness
believe they have serious illnesses

QUESTION
_illness anxiety disorder worse in times

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Answer:
of high stress

QUESTION
_conversion disorder

Answer:
same as somatic but neuro

QUESTION
_conversion disorder symptoms

Answer:

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paralysis
blindness
movement and gait disorders
numbness
paresthesias
loss of vision or hearing
episodes resembling epilepsy

QUESTION
_la bell indifference

Answer:
emotionally detached from symptoms

QUESTION
_primary gain

Answer:
focus taken off anxiety & now on physical symptom

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QUESTION
_secondary gain

Answer:
reward value of having a psychological or physical symptom, such as release from ordinary responsibilities

QUESTION
_Conversion Disorder Treatment

Answer:
work on assertive communication vs somatic symptoms
promotion of self-care activities

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